



Northeast High School

1121 Duval Hwy
Pasadena, MD

REGISTRATION WILL BE CONDUCTED BY COACHO www.coacho.com



Coaches,

Congratulations to you and all of your athletes on a great season and advancing to the 2015 AAU Region 3 AAU Championships. We are so excited to be hosting this event and we want to make sure that it is a great experience for all. Northeast High School is a fantastic facility with ample seating and a great atmosphere for championship track and field.

As we begin to make the final preparations for the qualifier, I am asking that you pay attention to some important deadlines. We have set the entry close date to June 22, 2015. This will allow you the entire week to clarify any issues within your district meet and declare your athletes. We also wanted to give you a day after the PVA Qualifier to tie up any loose ends. In order for us to seed the meet and generate bibs for 1400 - 1700 athletes, we will need this to be the deadline date for entry.

I am asking that you all please do everything possible to have your athletes declared before Monday at midnight. I do not want anyone to miss out on this qualifier but we will not be able to reopen the meet once it has closed.

The second request is that no team comes out to set up prior to Wednesday, June 24, 2015 at 5:00 PM. This will give us time to prepare and arrange with the school for your arrival.

If you have any question, please give me a call.

Best of luck,

Eric M. Allen
Co Director, i5 ELITE
443-989-8618
www.i5elite.com

MEET DIRECTOR: Eric Allen (443) 989-8618 eric@i5elite.com

DEADLINE FOR ENTRIES AND FEES:

1. The fees per athlete for Open Events = \$25.00; Multi-Events = \$25.00
2. All entries and fees must be received by Monday, June 22, 2015.
3. All entry fees must be paid by credit card online via CoachO www.coacho.com

AAU MEMBERSHIP: All athletes and coaches must be members of the AAU in order to participate in the regional qualifier and must be able to present their AAU card at the time of check-in. Register on-line at ww.aausports.org

PROOF OF AGE: Proof of age is required and must be available for review during the competition. Acceptable documents include: birth certificate, U.S. Passport, U.S. Government documents, certified baptismal record, Indian tribal enrollment certificate, Bureau of Indian Affairs, or state driver's license. Athletes competing in an incorrect age group will be disqualified from that event. Intentional or repeated participation in an incorrect age group may result in disqualification from the entire competition. It is the coaches' ultimate responsibility to ensure participation in the correct age group.

ELIGIBLE ATHLETES: May only compete in ONE Regional Qualifier Meet and must compete within their region.

AWARDS: Awards and information packets will be available for pick-up when the event results are announced and posted. AAU Championship medals will be awarded to 1st – 3rd place finishers and ribbons for 4th – 8th place finishers in each event. All qualifying athletes are required to register on-line if they wish to participate in the Junior Olympics.

ADVANCEMENT: The Regional Qualifier is an advancement meet. The top six (6) athletes in running events; top five (5) field events; and the top four (4) in a relay/multi-event shall advance to the AAU Junior Olympic Games at Norfolk State University, Norfolk, VA, Multi-Event Competition: August 1-2, 2015 & Track & Field Competition: August 3 - 8, 2015. There will be no exceptions to the advancement procedures.

PACKET PICK-UP: Packets will be available for pick-up at Northwest High School on the following dates/times:

Wednesday	June 25	5:00pm – 7:00pm
Thursday	June 26	7:00am – 1:00pm
Friday	June 27	7:00am – 1:00pm
Saturday	June 28	7:00am – 1:00pm
Sunday	June 29	7:00am – 1:00pm

ADMISSION: Daily admission is \$5 per day or \$12 for 4 days. Children 5 and under are admitted **FREE**. ***Coach's bands will be provided***

VOLUNTEERS: Are welcome.

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PROTEST PROCEDURES: The meet director must be notified in writing within 30 minutes of the perceived infraction. A seventy-five (\$75.00) dollar cash **non-refundable** fee is required at the time of the protest. The decision of the jury of appeals is final.

FACILITIES: Eight lane track, runways, and aprons require ¼ " spikes or less.

CLEAN-UP: Trash receptacles will be provided. Please keep your area clean. Coaches who fail to ensure that their respective team areas are appropriately maintained and cleaned may be precluded for further participation in the meet.

EQUIPMENT: Each team/athlete must supply their own field event implements, starting blocks, and batons. However, it may be necessary to select a field implement as the official Implement to be used by all of the competitors. Blocks are only permitted in the sprint finals and for **ALL** high school sprint events.

ADDITIONAL NOTES (General): Sections, heats, flights may be combined at the discretion of the meet director or field event judges.

ONLY MEET OFFICIALS ARE ALLOWED ON THE FIELD, TRACK OR IN THE CLERKING AREA. ONLY ATHLETES WHOSE EVENT HAS BEEN CALLED ARE ALLOWED ON THE TRACK, FIELD OR IN THE CLERKING AREA. ATHLETES MUST REPORT TO THE CLERKING AREA DRESSED FOR COMPETITION.

- o This event is sanctioned by the Amateur Athletic Union.
- o All participants must have a current AAU membership.
- o AAU membership may not be included as a part of the entry fee to the event.
- o AAU membership must be obtained before the competition begins.

BIB NUMBERS: There will be a \$10.00 charge for replacement bib numbers.

CONCESSIONS: Available daily on-site

FIRST-AID: Available on-site.

MULTI-EVENT COMPETITION:

- ORDER OF EVENTS MAY BE CHANGED AT THE SOLE DISCRETION OF THE MEET DIRECTOR TO FACILITATE THE ORDERLY AND TIMELY CONDUCT OF THE MEET.

- o ALL EVENTS WILL BE CONTESTED APPROXIMATELY 30 MINUTES AFTER THE PRECEDING EVENT IS COMPLETED. THE 30-MINUTE REST PERIOD WILL INCLUDE REST, FOOD, MEASURING STEPS, AND WARMUP.
- o COMPETITORS MUST BE PRESENT AND ATTEMPT EVERY EVENT OF THE MULTI-EVENT COMPETITION.
- o ATHLETES COMPETING IN BOTH MULTI-EVENT AND TRACK AND FIELD COMPETITION WILL BE ISSUED ONLY ONE BIB NUMBER FOR BOTH COMPETITIONS.

DIVISIONS/EVENT LIMITS (“Max”)

Age Groups:

- o The AAU Athletics program is comprised of nine (9) age divisions. The athlete’s year of birth shall determine the appropriate age division for current year competition for all age divisions 8-Under through 15-16. For athletes born in 1998, 1997 or 1996, the DATE of birth shall be used to determine whether the athlete is eligible to compete in the 17-18 age division. Any athlete born in 1995 who does NOT turn 19 on or before the final day of the National AAU Junior Olympic Games competition is still eligible to compete in the 17-18 age division. Effective 2013, the AAU track & field age groups will no longer be classified by names. The age groups MUST be listed on all track & field related information as follows:
 - o Division (Girls & Boys) 2015

o 8-Under	o 2007 & After	o Max of 3 events
o 9 years	o 2006	o Max of 3 events
o 10 years	o 2005	o Max of 3 events
o 11 years	o 2004	o Max of 3 events
o 12 years	o 2003	o Max of 3 events
o 13 years	o 2002	o Max of 4 events
o 14 years	o 2001	o Max of 4 events
o 15-16 years	o 1999-2000	o Max of 4 events
o 17-18 years	o 1996-1997-1998*	o Max of 4 events
- o Athletes born in 1996 who will not turn 19 until after the last day of competition of the National AAU Junior Olympics are eligible to compete.
- o Event Maximums include relays and field events. Alternate relay team members must be declared with team members.
- o Maximums do not include multi-event competitions.

MEET INFORMATION:

For further meet information please contact Eric Allen @ 443-989-8618 or eric@i5elite.com

Hotel Accommodations

Spring Hill Suites Arundel Mills

7544 Teague Road
Hanover, MD 21076

BWI Airport (14 miles from North East High School)

- Two-bedroom Suites with a sofa bed and full kitchen \$169
- Studio Suites \$129
- All rooms include free deluxe continental breakfast, outdoor pool, parking and Internet.

Town Place Suites Arundel Mills

7021 Arundel Mills Circle
Hanover, MD 20176
401-370-9000

(14 miles from North East High School)

Directions to Venue

From Bel Air, MD

<http://mapq.st/1Lk3Qxd>

From Towson, MD

<http://mapq.st/1loPbuy>

From Gaithersburg

<http://mapq.st/1loPupd>

From Fairfax

<http://mapq.st/1GapUnf>

From Waldorf

<http://mapq.st/1LnWgyi>

From Landover

<http://mapq.st/1K0g79N>

From Washington DC

<http://mapq.st/1GapMEq>

From Hagerstown

<http://mapq.st/1euWNo8>





**2015 AAU
REGION 3
MULTI-EVENTS/
TRACK & FIELD CHAMPIONSHIPS
MEET SCHEDULE**



*Athletes must be available to check-in to each event no later than **thirty (30)** minutes prior to the scheduled start of the event. Athletes should proceed to check-in on the first call. Once the final call is made for an event, the athlete will have **five (5)** remaining minutes to check-in. **Late** check-ins will not be permitted. The meet will proceed on a rolling schedule.

All events will be contested on a rolling schedule. All events, with the exception of the first event of the day, may run up to one (1) hour ahead of posted schedule.

Thursday, June 25, 2015

Multi-Events

10:00 a.m.

Triathlon 9 – 10 yrs. Boys
High Jump (Pit 1), Shot Put, 400m

Triathlon 9 – 10 yrs. Girls
Shot Put (Pit 2), High Jump, 200m

10:30 a.m.

Heptathlon (Day One) 15 – 18 yrs.
100 M Hurdles, Shot Put, High Jump
(Pit 2), 200 Meter Run

10:45 a.m.

Pentathlon 13 – 14 yrs. Girls
100 M Hurdles, Long Jump, Shot Put,
High Jump, 800 Meter Run

10:45 a.m.

Pentathlon 13 – 14 yrs. Boys
100 M Hurdles, Long Jump, Shot Put,
High Jump, 800 Meter Run

11:00 a.m.

Decathlon (Day One) 15 – 18 yrs.
100 Meter, Long Jump, Shot Put, High
Jump, 400 Meter Run

Track Events

9:00 a.m.

3000m (Finals) 11 – 18 yrs.



Friday, June 26, 2015

Multi-Events

8:30 a.m.

Decathlon (Day Two) 15 – 18 yrs.
Boys/Men
110 Meter Hurdles, Pole Vault*,
Javelin, Discus, 1500M Run

8:15 a.m.

Pentathlon 11 – 12 yrs. Boys
80 Meter Hurdles, Long Jump, Shot
Put, High Jump, 1500M Run

8:15 a.m.

Heptathlon (Day Two) 15 – 18 yrs.
Girls/Women
Long Jump, Javelin, 800M Run

8:30 a.m.

Pentathlon 11 – 12 yrs. Girls
80M Hurdles, High Jump, Shot Put,
Long Jump, 800M Run

Track Events

9:15 a.m.

1500-Meter Race Walk (Finals) 9 – 12 yrs.
3000 M Race Walk (Finals) 13 – 18 yrs.

12:00 p.m.

All Age Divisions
100M Dash (Semi-Final) – Top 8 Advance to Final

Field Events

10:00 a.m.

High Jump 9 – 10 yrs.

8:45 a.m.

Pole Vault 13 – 14 yrs. Boys & Girls; 15 – 18 yrs. Girls/Women

**Open Pole Vault for 15 – 18 yrs. Boys/Men will be conducted simultaneously with 15 – 18 yrs. Decathlon Pole Vault Competition.*

9:00 a.m.

Turbo Javelin 8UG; 8UB; 9G; 9B; 10G;10B; 11G; 11B; 12G; 12B



Saturday, June 27, 2015

Track Events

8:30 a.m.

1500 M Run (Final) 8U – 12yrs. Boys & Girls
400M Run (Timed Final) All Age Divisions
80mH (Semi-Final) 11 – 12 yrs. Boys & Girls (Top 8 Advance)
100mH (Semi-Final) 13 – 14 yrs. Boys & Girls; 15 -18 yrs. Girls/Women (Top 8 Advance)
110mHH (Semi-Final) 15 – 18 yrs. Boys/Men (Top 8 Advance)
200 Meter Run (Semi-Final) All Age Divisions (Top 8 Advance)
4 x 800 Relay (Final) 11 -12; 13-14; 15-16; 17- 18 yrs. (Boys& Girls/ Men &Women)
200 H (Timed Final) 13 – 14 yrs.
400 H (Timed Final) 15 – 18 yrs.
4 x 100 Relay (Final) 8U; 9-10; 11-12; 13-14; 15-16; 17-18 Age Divisions

****Steeplechase will not be contested – All athletes must be present at 8:30 a.m. and registered in that event to advance.***

Field Events

8:00 a.m.

High Jump (Pit 1) 11 Girls; 15-16 Girls; 13 Girls;
High Jump (Pit 2) 12 Girls; 17-18 Women; 14 Girls
Shot Put (Pit 1) 15-16 Girls; 9 Boys; 9 Girls; 11 Girls; 11 Boys
Shot Put (Pit 2) 17-18 Women; 10 Boys; 10 Girls; 12 Girls; 12 Boys
Discus 15-16 Boys; 17-18 Men; 11 Boys; 12 Boys; 13 Boys; 14 Boys
Long Jump (Pit 1) 11 Gils; 11 Boys; 13 Boys;15-16 Boys; 13 Girls; 15-16 Girls
Long Jump (Pit 2) 12 Girls; 12 Boys; 14 Boys; 17-18 Men; 14 Girls; 17-18 Women
Javelin 15-16 Boys; 17-18 Men; 13 Boys; 14 Boys



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Sunday, June 28, 2015

Track Events

8:30 a.m.

1500M Run Finals 13-14, 15-16 Girls/Boys; 17-18 Women/Men
80 Meter Hurdles (Finals) 11 Girls; 12 Girls; 11 Boys; 12 Boys
100 Meter Hurdles (Finals) 13 Girls; 14 Girls; 15-16 Girls; 17-18 Women; 13 Boys; 14 Boys
110 Meter Hurdles (Finals) 15-16 Boys; 17-18 Men
100 Meter (Finals) All Age Divisions
800 Meter (Finals) All Age Divisions
200 Meter (Finals) All Age Divisions
4 x 400 Relay (Finals) 9-10; 11-12; 13-14; 15-16; 17-18 yrs. Boys & Girls / Men & Women

Field Events

8:15 a.m.

High Jump (Pit 1) 11 Boys; 13 Boys; 15-16 Boys
High Jump (Pit 2) 12 Boys; 14 Boys; 17-18 Men
Discus 13 Girls; 14 Girls; 15-16 Girls; 17-18 Women; 11 Girls; 12 Girls
Long Jump (Pit 1) 10 Boys; 9 Boys; 9 Girls; 10 Girls; 8&U Boys; 8&U Girls
Shot Put (Pit 1) 17-18 Boys; 13 Boys; 13 Girls 8&U Girls
Shot Put (Pit 2) 15-16 Boys; 14 Boys; 13 Boys 8&U Boys
Triple Jump 13 Girls; 13 Boys; 14 Girls; 14 Boys; 15-16 Girls; 15-16 Boys; 17-18 Women; 17-18 Men
Javelin 13 Girls; 14 Girls; 15-16 Girls; 17-18 Women



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