



FPYC Flag Football FAQ's

- 1. How can I register?** Go to www.fpycsports.com click registration. Online registration will remain open through March 17th. Walk in registration dates have ended.
- 2. What is the cost for registration?** Early bird registration (\$75) will run through February 15th. Regular registration (\$100) will run through March 17th. Note the registration fee for 6U will remain \$75 the entire time.
- 3. What type of payment is accepted?** Credit card payments are accepted for online registration. Payments made during walk-in registration must be made by cash or check (made out to FPYC Flag).
- 4. What is need for registration?** Only payment is required for registration.
- 5. Can girls play?** Yes. All teams are co-ed
- 6. What is the time commitment?** There is very little time commitment. There is only one (1-hour) practice and one (1-hour) game per week, both on the same day, same location.
- 7. When does the season begin?** Assessments are March 18th. The season will run April 23rd to June 11th No games or practices on Sunday mornings, Easter, the weekend before and after Spring Break, Mother's Day (except for a rain make up) and Memorial Day weekend.
- 8. What are assessments?** Assessments evaluate a player's ability. How they are graded will allow coaches to draft teams as equally as possible. Assessments consist of running, catching and throwing.
- 9. What should I do if my child cannot attend assessments?** Any player who cannot attend assessments will be placed into a blind draft and are selected at random according to draft policies. Players who are selected to a team in this manor cannot be traded to another team. There are no assessments for Middle School teams that formed in advance of the draft.
- 10. My child is not part of a Middle School team. Should I to come to assessments?** Yes. Any 7th or 8th grader who is not part of a registered Middle School team must attend assessments. You will be entered into the draft and selected by one of the teams.
- 11. When are practices and games?** Practice and games are scheduled to take place on Sunday afternoons. However, we will have on Sunday March 26th and April 2nd. Note Some Saturday practices/games could be scheduled as make up for rain.
- 12. Where will games be played?** Green Acres Center, 4401 Sideburn Road, Fairfax VA



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13. How are teams formed? Teams are age based and will be formed using a draft process after assessments.

14. Can my child be placed on a team for purposes of carpool, friend request, etc?, We will consider all requests. However, players are encouraged to sign up if they are interested in playing flag with the understanding they will be able to interact frequently even if they aren't on the same team.

15. Can we form our own team? We are offering our Middle School Division (7th and 8th graders) the opportunity to form their own 8-10 player team. This will allow friends to play together at this level.

16. What are the age groups for the teams?

Answer: Age groups are divided as follows:

6U -	5 and 6 yr olds	(Born between 10/1/10 - 4/1/12)
8U -	7 and 8 yr olds	(Born between 10/1/08 - 10/2/10)
10U -	9 and 10 yr olds	(Born between 10/1/06 - 10/2/08)
12U -	11 and 12 yr olds	(Born between 10/1/04 - 10/2/06)
14U -	13 and 14 yr olds	(Born between 10/1/02 - 10/2/04)

17. My child plays another sport (baseball, soccer, lacrosse). Will the flag football schedule conflict with other sports? We are working closely with the other sports to reduce the chance of this happening. By focusing on Sunday afternoons we think we can avoid most conflicts. Flag football is designed as a secondary sport. No player will be penalized for missing practice time to participate in another activity.

18. What is the uniform and when do I get it? Each player is issued a game t-shirt and will need to provide their own solid colored black or dark colored shorts with **no pockets**. Cleats are optional, but highly recommended. Cleats should be plastic - no metal cleats are permitted.

19. Is FPYC Football on social media? Yes. Follow FPYC Football on Social Media:

Website: <http://fpycsports.com/footballpage/>

Twitter: @FPYC_Football

Instagram at: fpycfootball

Facebook at: FPYC Youth-Football

20. Who are the points of contact for Flag Football?

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