

# Southwestern Youth Association Youth Cross Country Race



**Date:** Saturday October 8, 2016

**Location:** SYA's Sports Park/Field of Dreams, 6626 Bull Run Post Office Road, Centreville, VA.

**Rosters:** Must be received by Thursday October 6<sup>th</sup>! Please include **first name, last name, gender and date of birth**. If your team has bib numbers, please include that information. If not, numbers will be assigned. Please run in appropriate age group.

**Fee:** \$5 per runner

**Awards:** Medals for place 1 through 3; ribbons for all finishers.

We have a flat and fast course, spike friendly. Porta-johns are available.

<b>Schedule:</b>	<b>Birth Year</b>	<b>Approx. Time</b>
Registration Open		8:00
Course Walk		8:15
1k	2010+	9:15
2k	2008-2009	9:45
3k	2006-2007	10:15
3k	2004-2005	10:45
4k	2002-2003	11:15

## **Directions to Field of Dreams:**

Take route 29 through Centreville toward Manassas. Turn right on Bull Run Post Office Road. The SYA Sports Park is 2.2 miles on the left.

**Race Directors:** Mike McLenigan, Craig Edmonds, Matt Akers