

# FPYC Track & Field Invitational Meet



**Date:** Sunday, April 30, 2017

**Time:** 12 p.m. – 5 p.m.

**Location:** Fairfax High School, 3501 Rebel Run, Fairfax, VA 22030. Parking is available. Access Rebel Run off Fairfax Blvd to school parking or access parking off of Old Lee Highway.

**Rosters:** Please submit your roster in Excel or TCL and include **Last Name, First Name, Gender, and Date of Birth** no later than 04/26/2017.

**Fee:** \$4 per runner. \$250 max per team. Make checks payable to FPYC. Payable on meet day.

**Awards:** Medals for places 1st through 3rd; Ribbons for 4th-10th. Awards will not be available onsite. We will make them available at a later date.

**Age Groups:** 6&U, 7-8, 9-10, 11-12, 13-14, 15-16, 17-18

**Schedule of Events:** Running events to begin after the National Anthem at 11:50 a.m.

Girls followed by Boys although possibly may combine to fill heats; Youngest to Oldest;  
50m (6&U only) /3000m (Run concurrently with 50m)

400m

100m

800m

200m

1600m

Field Events & Start Times:

High Jump: 12 p.m. 9 & Older Only. Start order youngest (9-10) to oldest

Long Jump\*: 12:30 p.m. Start order is oldest to youngest

Shot Put: 12:30 p.m. Athletes check-in when available for throws

Turbo-Javelin: 12:30 p.m. Athletes check-in when available for throws

\* Long Jump entries must preregister via Sign-up Genius link made available from the team coach.

Limit of 3 running events per athlete. No Limit for Field Events.

**Concessions:** Food, snacks, and drinks will be available for purchase c/o Fairfax HS Booster Club.