

SUNDAY, MAY 7, 2017

**Meet starts 3pm at
Chantilly High School
4201 Stringfellow Rd.
Chantilly, VA 20151**

**Please arrive at 2pm.
Numbers on front!!**

3pm Start – RUNNING EVENTS

80M – low hurdles 2007 & up – Finish line side, lanes 5&6
50M - 2011 & under – girls on press box side, boys on finish line side
1600M – 2009 & up, up to 20/heat
100M - all ages, with girls on press box side, boys on finish line side
400M – all ages, waterfall start, up to 20/heat
200M – all ages, double timing crew needed.
800M – all ages, waterfall start, up to 20/heat

3:30pm – 5:30pm – FIELD EVENTS

Shot Put (one measured pits (2010 & up) one unmeasured (2011 and under)
Long Jump (one measured pit (2010 & up) one unmeasured (2011 and under)
Turbo Javelin (two measured stations (2010 & up) one unmeasured (2011 and under)

TWO THROWS, TWO JUMPS, Farthest one Measured.

High Jump -weather permitting (2008 & up)

BATHROOMS – there is no access to the High School, but there are port-a-potties on site.

CONCESSIONS – there will be some concessions available on site. We run our meet from mid-afternoon until just before dinner. We offer mostly snacks, candy and drinks. This is a reasonably priced fundraiser for our program. We hope your kids bring a few dollars to visit our Track Shack after they have finished their competition.

Participating Teams:

FPYC Cheetahs; Vienna Youth Track; Potomac River Running Youth Club;

Maximum 2 running events plus 3 field events (no early sign-up, just show-up on-time to compete)

- All races will be run and results compiled in Age Groups based on **USATF Standards**
- Medals awarded to the top finishers in each age group/gender; ribbons will be awarded to those placing in two through twelve. ALL unmeasured events (2010 & below shot put, long jump and turbo jav) will receive ribbons on the spot.

No Charge for meet.

PARKING

Chantilly High School hosts a wonderful program on Sunday in the school called “Chinese School”. Please be careful when entering the facility because there is often much vehicle and pedestrian traffic associated with the program. Most of you will find parking **BEHIND** the school and on the **LEFT** side of the school if you are facing it. Leave yourself a little extra time to get in the facility.

Participating Teams: **Send your entire roster to me... Bib numbers have been assigned for Fairfax.**

Roster should be in the Format:

Last Name, First Name, Gender (M or F), DOB (MM,DD, YYYY), Club Name (3 or 4 letters like CYA or FPYC)

Crews needed, although we hope to staff as many events as possible, we will gladly accept your help!!:

2 Heaters & Starters

2 Finish line crews

8 Timers
1 recorder
1 captain
1 results runner

2 Shot put crews Near Long Jump area

1 recorder
1 measurer
1 shot put returner

1 Shot put unmeasured (6& under – near pole vault area)

1 ribbon distributor
1 shot put returner

1 Measured Long jump crews

1 recorder
1 measurer
2 rakers

Unmeasured Long Jump Pit

1 ribbon awarder
1 raker

2 Measured Turbo Jav crews

1 recorder

1 measurer
Jav Returner

Unmeasured Turbo Jav

1 ribbon awarder
1 Jav returner

Meet Entry, Tech Team

1 data input
1 reader

YOUTH EVENTS (2011 and Under)

SHOT PUT (softball throw) Located near the start of the 100M on the FINISH LINE side of the Track. This event is unmeasured and every participant will be awarded a ribbon on the spot according to their throw.

Long Jump (broad jump) Located on the "D"-shaped area behind the goal post on the entry side of the track. This event is unmeasured and every participant will be awarded a ribbon on the spot according to their jump.

Turbo Javelin - Located 10-yard line of the football field just next to regular Turbo Javelin event. This event is unmeasured and every participant will be awarded a ribbon on the spot according to their throw.

SPECIAL EVENTS

80M LOW HURDLES (2006 & Up)

First Event. This is not run according to USATF standards, but will be competed with awards based on age and gender groups. Finish line side of the track.

HIGH JUMP (2006 & Up)

Located near the finish line adjacent to the Finish Line shed and the gated basketball court.

ALL OTHER EVENTS

SHOT PUT

Located Near the Long Jump

LONG JUMP

Located at the FAR END of the FINISH LINE side of the Track.

TURBO JAVELIN

Located on the 10-yard line of the football field on the entry side of the track. You will see it.

WE ARE AN ALL-VOLUNTEER PROGRAM. WE HOPE TO PROVIDE THE BEST EXPERIENCE AS POSSIBLE. ANY ISSUES should be brought the attention of ED LULL. If you have ANY issues with the volunteers, SEE ME.