

2017 PVA YOUTH INDOOR INVITATIONAL MEET
PRINCE GEORGE'S SPORTS AND LEARNING
COMPLEX

8001 Sheriff Road
Landover, MD. 20785 (301) 583-2400
Saturday March 4, 2017
HOST: Potomac Valley Association

ELIGIBILITY:

INDIVIDUALS: Open to any ATHLETE WHOSE 19TH BIRTHDAY IS AFTER July 31, 2017. USATF membership number is not required.

RELAY TEAMS: To participate on a Team relay, all athletes must be current members of the same participating Team. Athletes 14 and under must be in the same age group of each club to compete. Athletes on the same Team between the ages of 15-18 can compete as one age group for relays only. Teams do not have to be a member of USATF.

AGE DIVISION: Age divisions are determined by age as of December 31, 2017.

0- 8 Division 2009 and after

9-10 Division 2007– 2008

11-12 Division 2005 – 2006

13 - 14 Division 2003 – 2004

15-16 Division 2001 – 2002

17 -18 Division 1999 – 2000 and 1998 if date of birth is after July 31, 2017.

An athlete must compete in his/her age division only.

ENTRY INFORMATION: Entry fee is \$8.00 per event - \$32.00 per relay. Entries can only be made www.coacho.com. Payment must be made by certified check, money order or team check. No personal checks will be accepted.

Payment must be received by February 27, 2017 Money orders should be made out to Potomac Valley Association Association C/O Henry McCallum 7949 Dellwood Ave.
Glenarden, MD 20706

AWARDS: 1--6th place receive medals.

RULES: In accordance with 2017 Competition Rule Book.

EQUIPMENT: Athletes must use the starting blocks and batons provided by the meet. Throwers can provide their own implements that must be certified prior to use.

FACILITIES: 200 Meter flat Mondo surface, six lanes (8 lanes on straight away)

FinishLynx timing.

Concession stands open during meet. No boom boxes, radios or glass containers allowed in the facility.

Spikes are Limited to 1/4 inch pyramid, No "Christmas Trees" or Pin spikes. This will be strictly enforced. Athletes will not be allowed to run with longer spikes. Replacement spikes will be on sale at meet.

PACKET PICK-UP Team packets will be available at the facility Friday March 3, 2017 from 6:00pm – 8:00pm and Saturday March 4, 2017 from 7:00am- 3:00pm

START TIME: 8:30AM FOR RUNNING EVENTS

MEET DIRECTORS: Quentin Wilson and Henry McCallum Jr

THIS IS A USATF SANCTIONED MEET.

SPECTATOR FEE- \$5.00:

Seniors 60 years and older is \$4.00

Anyone 5 years and younger is free

SCHEDULE OF EVENTS

ORDER OF EVENTS

FIELD EVENTS

Event Ages

Shuttle Hurdles Relay (15-18)

3000M Run (11-18)

55 Hurdle (SEMI) (11-18) Top 8 times to Final

55M (SEMI) All ages Top 8 times to Final

400M (Finals) All ages

1500M All ages

4 x 200 Relay All ages

55 Hurdle (Finals)

55M (Finals)

800M (Finals) All ages

200M (Finals) All ages

4 x 400 Relay All ages

Shot Put All ages

Long Jump All ages

High Jump (9-18)

Triple Jump (13-18)

Polevault (13-18)



FIELD EVENTS: All competitors in the Long jump, triple jump and Shot put will be given three attempts with the top eight advancing to the finals.

FIELD EVENTS WILL BEGIN AT 9:00AM.

Order of field events:

Shot Put – 0-8, 9-10, 11-12, 13-14, 15-16, 17-18 (Girls followed by Boys)

Long Jump – 17-18, 15-16, 13-14, 11-12, 9-10, 0-8

High Jump – 9-10, 11-12, 13-14, 15-16, 17-18

Triple Jump – 13-14, 15-16, 17-18

(Will follow the conclusion of LJ)

Polevault – 15-16, 13-14, 17-18 (Girls followed by Boys)

Only competing athletes and officials will be permitted on the track or infield area, unless there is a medical emergency.

CHECK-IN: Two calls will be made for each event. Athletes in running events must report to the clerk of course, ready to compete. Field event athletes must report directly to their event. When an athlete is competing in a running event and a field event simultaneously, the athlete must check in at both events, tell the head referee that he/she is also running and must report back to the field event within three minutes of completion of their running event.

	8 & U		9 - 10		11 - 12		13 - 14	
	G	B	G	B	G	B	G	B
QUALIFYING LJ STANDARD:	8'	9'	10'0"	11'0"	12'0"	13'0"	13'0"	14'3"
QUALIFYING HJ STANDARD:			2'9"	3'0"	3'4"	3'10"	3'8"	4'3"

Sports & Learning Complex Satellite Parking FedEx

GREEN LOT D3 & D4: REDSKINS ROAD

DIRECTIONS:

From 495 South: Take Landover road exit 17B. Get into left land off the ramp onto Landover Road. Take left onto Brightseat Road. Follow green overhead signs through light onto Redskins Road. Take immediate right into Green Lot D3 & D4.

From Sheriff Road: Follow Sheriff Road toward Fed Ex Field past the Sportsplex entrance. Stay in the right hand lane. Take a right turn before the light at Sheriff and Brightseat road intersections onto Redskins Road. Take an immediate right into Green Lot D3 & D4.