



2016 USATF Junior Olympic Potomac Valley Association Preliminary Meet

DATE/STARTING TIME: June 4, 2016/9:30am



TRACK EVENTS			3000 m run	400 m hurdles	200 m hurdles	1500 m race-walk	3000 m race-walk	3000 m race-walk	100 m dash semi-final	1500 m run	110 m hurdles	100 m hurdles	80 m hurdles	400 m dash	4x100 meter relay	800 m run	100 m dash final	4x400 meter relay	200 m dash	4x800 meter relay	
SEX	DIVISION	BIRTH YEAR	10@30' 5@30"								10@33' 8@30"										
Girls	8 & Under	2008 or later							X	X				X	X	X	X	X	X	X	
	9-10	2006-2007				X			X	X				X	X	X	X	X	X	X	
	11-12	2004-2005	X			X			X	X			X	X	X	X	X	X	X	X	X
	13-14	2002-2003	X		X		X		X	X		X		X	X	X	X	X	X	X	X
	15-16	2000-2001	X	X				X	X	X		X		X	X	X	X	X	X	X	X
	17-18	1997-1999	X	X				X	X	X		X		X	X	X	X	X	X	X	X
			10@36' 5@30"								10@39'	10@33'	8@30"								
Boys	8 & Under	2008 or later							X	X				X	X	X	X	X	X	X	
	9-10	2006-2007				X			X	X				X	X	X	X	X	X	X	
	11-12	2004-2005	X			X			X	X			X	X	X	X	X	X	X	X	X
	13-14	2002-2003	X		X		X		X	X		X		X	X	X	X	X	X	X	X
	15-16	2000-2001	X	X				X	X	X	X			X	X	X	X	X	X	X	X
	17-18	1997-1999	X	X				X	X	X	X			X	X	X	X	X	X	X	X

FIELD EVENTS			High Jump	Long Jump	Triple Jump	Shot Put			Discus		Turbo Javelin 300 g	Javelin		Pole Vault	2000 m steeplechase	Hammer	
SEX	DIVISION	BIRTH YEAR				2 Kg	4 Kg.	12 lbs.	1 Kg.	1.6 Kg.		600 g	800 g				
												Advance				Advance	
Girls	8 & Under	2008 or later		X		X					X						
	9-10	2006-2007	X	X		X					X						
	11-12	2004-2005	X	X		X			X		X						
	13-14	2002-2003	X	X	X	X			X			X		X			
	15-16	2000-2001	X	X	X		X		X			X		X	X	X	X
	17-18	1997-1999 **	X	X	X		X		X			X		X	X	X	X
Boys	8 & Under	2008 or later		X		X					X						
	9-10	2006-2007	X	X		X					X						
	11-12	2004-2005	X	X		X			X		X						
	13-14	2002-2003	X	X	X		X		X			X		X			
	15-16	2000-2001	X	X	X			X		X			X	X	X	X	X
	17-18	1997-1999 **	X	X	X			X		X			X	X	X	X	X

ALL COMPETITORS ARE RESPONSIBLE FOR LISTENING TO ALL ANNOUNCEMENTS REGARDING EVENT CALLS.

AFTER EVENTS HAVE BEEN COMPLETED, THERE WILL BE NO ADDITIONAL COMPETITION ALLOWED.

x = Indicates events that will be offered for that particular age and sex.